

NEFA News

Issue #20

The New England Flying disc Association Newsletter

March 1993

Survey Says!

The results of the first ever NEFA Questionnaire!!

In the last issue of NEFA News, we asked for your input on a questionnaire to help improve our organization. The focus was mostly on tournaments. Now, the results are in! Thanks to the 26 people who returned questionnaires on time to be included in this summary.

Starting at the top, 23 respondents were male and three were female. The average age of the respondents was 34, with an age range of from 18 to 49. The average number of years of disc sport involvement was eight and a half, ranging from six months to 21 years. Eighteen respondents were NEFA members (+/-20% of the membership) and eight were currently not NEFA members. The average length of time as a member was three years, with a range of three months to six years (NEFA's lifetime). Thirteen classified themselves in the Open division, two in the Women's Pro, two were Advanced, one was Amature and one was in the Women's Novice. Nine were PDGA members, while 17 were not. The lowest PDGA number was #310 with the highest being #6384.

The results of the preferred disc events are listed in the following table. The number of votes for a given preference are shown in the boxes. Events not checked off on the questionnaire were not counted. Events checked off, but not by preference, were equally treated as first preference. Ranking was done by taking into account the total number of votes the event received and the number of votes at each preference ranking.

Votes for Disc Event Preference

Event	Order of Preference										Rank
	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	
Golf	22	2	2								1
DDC	3	3	1	4		1	1			1	2
Distance	2	6	2	1	3	2	1		1		3
MTA	1	2	2	3	6	1					4
Accuracy	2	3	3	2		1	1	2		1	5
Freestyle	2	3				2		1	3		6
Ultimate	2		3	1		1		3	1	1	7
Discathon	1		1	1			4	2	1	1	8
TRC	1			1	1	1	3		1	2	9
Guts				1	2	1		2	2	3	10

Not surprisingly, golf was the favorite. The DDC, Distance and MTA rankings were close enough to be interchangeable. Does this mean that NEFA would never hold a competition with Discathon, TRC and Guts as the only events? Not necessarily, but we would like to please most of the people most of the time and all of the people some of the time. Since change is constant,

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future questionnaires may yeild very different results.

The results of the preferred disc golf courses are listed in the next table. The number of votes for a given preference are shown in the boxes. Courses not checked off on the questionnaire were not counted. Courses checked off, but not by preference, were equally treated as first preference. Ranking was done by taking into account the total number of votes the golf course received and the number of votes at each preference ranking. The number of people listing their home course is in parentheses.

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Editorial

I'm happy to report that *NEFA News* has received positive feedback on its last issue. Some criticism was leveled at the volume of text versus graphics and photo's, etc. and I'll do my best to incorporate those things in future issues. Some other people made solid suggestions for features. Generally, however, the newsletter was found to be both interesting and informative. Since there is always room for improvement, I appreciate any and all ideas that get passed along. Feel free to continue to do so.

Surprisingly, "What's the Rule?" got a lot of attention. It's funny that so many players were interested in this aspect of the Newsletter because so few seem to actually understand the rules.

As a card-carryin', PDGA-certified Disc Golf Official, I am aware of the level of misunderstanding (disregard?) for the rules of the sport we play with so much enthusiasm. Foot faults, courtesy violations, improper scoring and more goes largely unchecked. Aside from upsetting players who try to be rule conscious, these violations blur scores and ability levels, ultimately cheating ourselves and our sport. And, this isn't just limited to our hardy band of players. Ask any golfer who has traveled to a sanctioned event or a regional tourney out of this area. They'll tell you that even top ranked touring pro's routinely commit all sorts of infractions.

Perhaps part of the reason for this is that it's difficult to call a fellow golf lover for breaking a rule. I've seen experienced players in flagrant violation of even basic rules blow up when the violation is called. I figure that as individual play improves, the overall caliber of play should also improve. Like Ultimate players, maybe we should call our own fouls. They call it the "Spirit of the Game." We Disc Golfers are no better or worse than our Ultimate brothers and sisters, but they have us dead to rights on this one.

An informal poll over the last few years shows many players wanting an event that is run by the rules—especially if it is a money game where players are challenged for reward stakes. I'd like to see it happen. Since, in all likelihood, I wouldn't win, I'd be happy to officiate. But whether that happens or not, each of us can work on our individual awareness of the *Rules of Disc Golf*. Join the PDGA and, in addition to supporting the major mover of Disc Golf, you'll receive a brand new rule book. Read it. You'll be amazed at the things we all do, perhaps, because we've seen veteran players doing them. Learn the rules. Take the tests. Become certified. Soon everyone will follow suit, scores will be genuine, the quality of play will improve, people will have more fun and the world will become a better place to live..

John Rushlow



Editor's Note:

NEFA News is a publication of the New England Flying disc Association (NEFA) and is designed to provide information to its members and promote interest in disc play. The subscription rate, including NEFA membership, is \$10.00/yr.

Any submissions—as in articles, letters, fiction, graphics, illustrations, cartoons, etc.—are welcome. The deadline for submission is two weeks after the quarterly Board meetings. Please include a SASE if you wish to have materials returned or they become the property of *NEFA News*. We reserve the right to edit or reject any submissions. Opinions expressed do not necessarily reflect those of the NEFA News staff or NEFA Officers.

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First week in June

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(in *real* time, not "NEFA time")

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Feel free to contact any of us with ideas and suggestions.

President's Hole

We have a full and varied tournament season in store for us this year, having already had three great events prior to your receiving this Newsletter. The Board meetings are well attended and we accomplish a lot despite ourselves. Thanks for all the different ideas on how to come up with an overall play format that everyone is comfortable with. We have put these ideas together and, hopefully, will clear up a lot of gray areas.

I am approaching the Miantonomi Park Commission about installing a stairway up the front of the hill to the tower where, currently, the stone stairway is in the cliff. We would like to install 12 to 16 telephone pole steps. Since we already have the telephone poles and some willing hands, this could be a one day project. When we get permission from the Park Commission, we will be having a work party to accomplish this together. My hopes are that this goodwill effort on our part will be a great stepping stone for our proposal to install a permanent pole hole course in Miantonomi Park. Anybody that may have something to add to this effort, please don't hesitate to call.

The "World's Biggest for NEFA Kids" is an idea I had when reading the list of World Records in the WFDF (disc sports) rulebook. I thought that some of the records may exist only because someone was around to record and verify. I also thought it would be fun to bring all of our families together for a pot-luck picnic and teach our children how to compete in various field events. Who knows, maybe they could break an existing world record or, at least, set a New England Flying disc Association record. (p.s. There will be no organized activities for anyone but the children.)

Votes for Disc Golf Course Preference

Golf Course (Home Course)	Order of Preference										Rank
	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	
The Ledges	9	3	2	1				1			1
Miantonomi (8)	7	4	3	1	1	1			1		2
Borderlands	5	1	2	4	1	1	1				3
Barnstable Park (7)	5	4	2		2		1		1	1	4
Pyramids (3)	2	1		4	3		1				5
Rindge	2	2	1		3	2			1		6
Barry Falls	1	1	1	1		2	1	1			7
Millis	2			1		3	1	3	1		8
Princeton (1)	1		2			1	3	2	1		9
Foxboro	2		1	1	1	1	2	1	2	2	10

Other courses receiving votes were Univ. of MA, La Mirada (CA), Buzzy's Creek (NJ), Roseland Park (CT) and New Britian (CT). Courses mentioned but getting no votes included Ipswich, Danvers (MA), Brandywine (DE) and Seneca Creek (MD). Additional home courses included Buzzy's Creek, Ipswich, Brandywine and Eudora Park (CO). Ranking for Borderlands, Barnstable and Pyramids was close and again for Millis, Princeton and Foxboro so that these could be interchangeable.

The average number of NEFA-sponsored tournaments attended each year was five ranging from zero to all (12?). The average non-NEFA tourney's was three with a range of from zero to twenty.

When asked how far you'd be willing to travel to play, people responded in a variety of ways. Those who answered in miles averaged 180 miles, with a range of from 20 to 500 miles. There were respondents listing 3000 to 15,000 miles, but those were not factored. When talking in hours, the

range was from one to six, averaging three. Non-numerical responses included "not far" to "whereever." Others were limited by a "tank of gas." (Was this one-way or round-trip?) Finally, the daring souls listed "planet Earth" or "the ends of the Earth" as their range. It's a good thing we don't have tournaments on the moon--no one would show!

When asked if you would attend a tournament without a golf event, ten responded "yes" and twelve "no." Some respondents were willing to try other disc events or thought it would be fun regardless of the events. Some stated "yes," if the event was easy for all ages to participate, with Freestyle and DDC not considered "easy." Those responding "no" stated that golf was their favorite or it was the only event they played. Not being proficient in the other disc sports was also mentioned.

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PLAY MORE GOLF

I am really excited at the possibilities for the coming year. One of those has to do with the World's Biggest Disc Golf Weekend. The sponsors are giving away nine pole holes to the object park that has the most players on the day of the event. I think that together we can win those nine pole holes. If the 69 players in the Caped Cod Open were each to bring three friends out to play one round, there would be well over 250 people playing that day and we need to have as many as possible play. I think that with the format of the event as many as 500 could play in that one day. With these lofty goals and ideals, I will leave your imagination to run wild.

T. M. Dyer
President,
New England Flying disc Association

PLAYER PROFILE

Discussions with....Theo "Sunny" Cade

NEFA News caught up with one of disc sports' major influences: Theo "Sunny" Cade. New England's own claim to international disc fame, Sunny allowed himself to be tied down long enough to answer a few questions. Here's what he had to say!

Theo "Sunny" Cade, PDGA #3204

Princeton, Massachusetts

Age: 49

Wife: Jude

Occupation: Independent Consultant/Writer/Goal Achievement Coach

NN: Sunny, how long have you been into disc sports?

Sunny: "I've been active in disc sports since 1971 but I've been a Frisbee thrower since '58. In high school, we use to toss around the old Frisbee 'Pluto Platters' then in '71, a bunch of us guys were in Waikiki, Hawaii throwing the old yellow Fastbacks under Diamondhead. We put down the volleyball net and took up Frisbee!"

NN: Guys like who?

Sunny: "Oh, man...Guys like Marvin Vitaloe—he was a former basketball colleague of Bill Walton at UCLA. Guys like Ziggy 'Captain Frisbee' King and John Crumb, a.k.a 'Barbu,' who happened to be hier to French aristocracy, and Michael 'Treat it like a Baby' Dervin. Great guys."

NN: Then what?

Sunny: "Then a bunch of us came back to the mainland. At that time we were mainly into 'speed flow' freestyle—you know, a smooth catch and throw style—no delays or airbrushing or things like that."

NN: Sounds like it was beginning to move towards modern Freestyle.

Sunny: "Yeah. In 1976, one of us was contacted by Wham-O. They wanted us to put on a tournament with the first and second placers going to do a routine at the Rose Bowl. At that time, I had been opposed to competition but finally agreed and entered. I came in third. The competition was such a rush that I had to change my whole philosophy and approach to 'playing catch.'"

NN: In the last Player Profile, Steve Hartwell told us that you were key to the early energy of NEFA. Where do you see NEFA going from here?

Sunny: "Well, I'm particularly encouraged by the feedback I get from around the country. Guys like Ted Oberhaus and Jim Herrick tell me that they see New England as a primary area for good competition and good frisbee spirit. My goal is to sustain that spirit of good fun, good play and good competition."

NN: Your saying that we'll continue to see your involvement with NEFA?

Sunny: "Yes."

NN: You've been on the disc vanguard nationally and internationally for quite a while. What do you see as the immediate and long-term future of the sport?

Sunny: "I'd like to see continued gradual growth. I liken it to the growing of a fine hardwood—it grows slowly. Soft woods shoot up faster but aren't as valuable."

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Disc Golf Variations

by Rick Williams

(with thanks to Dave, Ron and Connie in McPherson, Kansas for introducing me to these golf variations)

Tired of playing the same old course over and over? Here's a way to add variety to an existing course with no additional effort. Instead of playing the same tee to the same hole, try "Skip-a-Hole." Here's how it works: Starting at tee #1 play to hole #2, walk to tee #3 and play to hole #4, and so on. The table below illustrates how all the holes would be played. A sample 9-hole course is

Tee #	Hole #
1	2
3	4
5	6
7	8
9	1
2	3
4	5
6	7
8	9

used for simplicity (and to save space), but can easily be applied to a full 18-holes.

Playing skip-a-hole works best on courses that are somewhat open or follow a circular pattern.

If the course is "V" or horseshoe-shaped, throwing from tee #9 to hole #1 could be quite long. If the course zig-zags then the holes could be very short. On a horseshoe-shaped course, tee #9 throwing to hole #1 would be very long. Playing skip-a-hole on a zig-zag course might mean getting a 1-under on eight holes and an 8-over on one hole!

If skip-a-hole becomes boring, try "Skip-a-Hole Backwards!" Yes, you can do it! Here's how it works. From tee #1, play to hole #8. Walk to tee #9 and throw to hole #7. The following table shows how to play on a 9 hole course.

You'll notice, again, an open or circular course works best with skip-a-hole backwards. On a horseshoe-shaped course, throwing

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It's Back, And Better Than Before!!

World's Biggest Disc Golf Weekend!!

by Steve Hartwell, WBDGW Regional Coordinator

The World's Biggest Disc Golf Weekend (formerly the World's Biggest Disc Golf Tournament) will happen all over the world on Saturday, May 15, 1993. The goals of the event are to get everyone who plays disc golf out to play on the same day and for every golfer to bring along three newcomers to the sport. Everyone who plays will get a premium golf disc and a T-shirt for the \$10 entry fee. The event will take place on over 200 courses all over the world, with over 15,000 people expected to play at least one round of disc golf that day.

In New England, NEFA is co-sponsoring two WBDGW's, one in Massachusetts and one in Rhode Island. Last year, over 200 people played at five different courses—this year we hope to do even better. (We had planned on once again setting up a course at Wachusett Mountain Ski Area in Princeton, Mass., but the heavy snowfall makes it impossible at this time. But! Steve Hartwell and Theo Cade will run a day of golf

on the slopes. Spectacular elevation changes and scenery should add to the festivity. Poleholes will be brought in and Cade/Hartwell promise to design a course that will delight everyone!)

NEFA members are urged to take part in the WBDGW event. There are three ways each of us can help. First is to participate! Reserve May 15th now and start thinking of newcomers you'd like to introduce to the sport of disc golf. Second, give an hour of your time to one of the tournament organizers—they can all use a hand with registration, food, merchandising, etc. Third, find a sponsor. Talk to a local business person you know who might want to help promote the events: eating establishments, sporting goods stores, radio stations all are fair game. Get details of how to approach sponsors from one of the WBDGW tournament directors.

Join in and let's make May 15th the Biggest Disc Golf Event ever to hit New England!

And, In Caped Cod...



NEFA is throwing its full support behind the Caped Cod Fish Golf Assn. bid at grabbing the nine brand new pole holes that are going to the object course netting the highest player turnout in this year's WBDGW. Last year, Burgess Park recorded 87 players while the top turnout honors went to Houston, TX with 156 total registrants. Texas is angling hard for the poles, but the CCFGA has an excellent shot at them!

Lev, Nancy, Lindsey and crew are working feverously to get their course into top shape. Having just finished a bit more clearing, things are coming together well. But, the key to their (and our) success is *pre-registration*. Attached to this newsletter is a WBDGW registration form for Burgess Park. Make some copies, have your friends fill them out and cough up the small entrance fee. Then send them in! The CCFGA will happily take care of the rest. And remember, we'll all benefit from their effort!

NEFA Board Meeting Minutes...

(This represents a synopsis of the activity during the Feb. '93 open meeting.)

- Meeting called to order at 7:45pm;
- Previous minutes read and accepted;
- Treasury report read and accepted;
- DataBase Report read, membership trends discussed with decision to draft a letter to solicit members;
- Charter Committee Report: no action yet taken;
- Tourny Committee Report: 1. NEFA Sponsorship criteria passed as written; 2. Fee schedule for pole hole rental and delivery accepted as written; and, 3. NEFA "Points" format returned to committee for further consideration;
- NEFA Pole Hole and Truck Report: All holes have been fully repaired and numbered. Hole no. 18 has been rebuilt and the set is ready for the 1993 season. Stage one of the truck repair is complete. The truck goes now to VP Todd Brodeur for Stage two of repair work.
- The Board decided to channel its World's Biggest Disc Golf Weekend efforts and support towards the Cope Cod contingency as it is possible for the CCFGA to win the nine hole giveaway.
- The Caped Cod Fish Golf Association has donated their Burgess Park course for a NEFA Fundraiser to be held July 31, 1993 and called, "The Summer Splash."
- Greg Black announced the formation of a DDC league to meet at Wellesley (Mass) High School. NEFA agreed to loan him its DDC Courts. For more info on the league, call Greg at 617-585-9568.
- The Board considered some scheduled events additions and changes. The newly revised and established schedule is found in this issue of NEFA News.
- Next Board Meeting scheduled for 7:00pm May 5, 1993 at the Rt. 24N Burger King.
- The Meeting adjourned at 9:45pm.

Prepared and submitted:
Bob DeCosta, Clerk

One More Extended Adolescent Trauma: Selling Plastic

by Jason Southwick

I found it somewhat fitting that John Rushlow would ask me to write an article about selling discs. After all, he has the only job more thankless than being the local purveyor of plastic: NEFA News editor, or, as we all call whomever holds this position, "Mr. Stinky Fink."

So, here's the downside to being New England's disc rep. First of all, don't ever confuse the foolishness of buying and selling plastic with any aspect of capitalism—especially making money. Also, it lends sufficient evidence to the notion that people are annoying. But first a little information before I digress...

In order to get discount prices, I buy at least 25 discs for about five bucks apiece from one of three companies: Lightning, Innova or Discraft. (Their telephone numbers are widely available.) My initial intention is to sell them all for the highest price any self-respecting disc enthusiast with a conscience would ever dare: eight dollars. After my first potential customer hears this price and gives me a look suggesting his or her starving children being run down by my chauffeured limo, I'm guilted down to seven. Christmas

spirits visiting me in the night and other strange phenomena frequently reduce this price to six.

At the end of the season, I attempt to unload the remaining discs—unsalable due to type, weight, color or embedded evil spirits—at five. I give several away to people I bum cigarettes off at every tournament. The rest I dump on relatives and friends on birthdays, holidays and at Pyramids Gatherings. Oh yes, I wind up destroying several myself, either by repeatedly throwing them as hard as I can at trees about ten feet away or by leaving them on the stove when I bake brownies which, by the way, I am trying to cut down on. Still, at any given time, I am left with a box full of discs which, like myself, have proven to be utter failures.

Now for the "annoying people" part... Imagine the following conversation:

"You don't have any 154g. XD's made before they were retooled?"

I reach into the box and pull out an old-style 154g. XD, "Right here."

"Do you have the same thing in red?"

"Yessir. Right here."

"How 'bout one autographed by Edwin Dissosway and Dave Johnson? Unused, of course..."

"I believe so...yes. Like this?"

"You sure this is indelible ink?"

"I am."

"Mind if I take it out for a practice round?"

"Nooooo problem."

Later.....

"How much?"

"Seven dollars."

"All I have is \$3.63 in change. Mostly pennies. Can I give you the rest at the next tournament?"

You get the idea. So you may be able to imagine my reluctance to actually write an article that would bring back all these painful memories. In fact, now that I think about it, John has a lot of nerve asking me to write his newsletter for him. Last time he didn't even put my byline in bold! Who made him newsletter editor in the first place?? Forget it, Mr. Stinky Fink. You want an article about selling plastic, you write it yourself.

Jeez, Jason, I only wanted to know if you had any of those old XD's left!

Mr. "S.F."

Theory of Energy

"The root of the way of life, of birth and of change is Qi (energy); the myriad things of heaven and earth all obey this law. Thus, Qi in the periphery envelops heaven and earth. Qi in the interior activates them. The source wherefrom the sun, moon and stars derive their light, the thunder, rain, wind and cloud their being, the four seasons and the myriad things their birth, growth, gathering and storing: all this is brought about by Qi. Man's possession of life is completely dependant upon this Qi." Nei Ching

Gallery Shots

"I don't think, therefore, I'm not." Ed Garabedian

"I think we ought to eat all our provisions now, so we won't have so much to carry." Christopher Robin

"I'll have four whole chickens, please." Joliet Jake

"Disc golfers are abhorrent because of their cold body, pale color, cartilaginous skeleton, filthy skin, fierce aspect, calculating eye, offensive smell, harsh voice, squalid habitation, and terrible venom; wherefore their Creator has not exerted his powers to make many of them." (slightly adapted from) Linnaeus, 1797

"I just came to do a little socializin'." Roy Doar



The 4th Annual Frostbite Classic

by Bill MacWilliams

The day started out like every other day in January: cold and breezy. Forty-five golfers came out to Miantonomi Park. By tee-off time the sun was out and the temps were up into the 30's. Two and a half hours later, 27 holes of golf were officially in the record books.

Bill Mac fired a first round 3 under par 78—good enough for first—with Jeff O'Brien, Todd Brodeur and Peter Anderson right behind. After wolfing down a big pot of stew, we went back into the woods.

Round 2 was played in a mixed doubles format with division leaders being paired together. The round was very fun, with players learning from each other. The day ended with Jeff O'Brien firing a 4- under 77 to steal the lead away from Bill MacWilliams, who shot an 83 to finish the day with a 1-under 161, 2 shots behind Jeff. Also finishing strong was Toddy, who also shot a great round of 77, to slip in between Jeff and Bill for the second place.

Great fun was had by all. We'd like to thank the City of Newport for the use of the park, plus big thanks go to Tim Dyer and Bob DeCosta and all the others who put this together.

"Mystery Doubles" Results

Mike Klassner and Jeff O'Brien	333
Peter Anderson and Gary McCann	349
Nick Benson and Bill MacWilliams	357
Todd Brodeur and Tom Doty	353
Todd Canuel and Doug Russell	362
John Affonso and Dan Desch	364
Chris DePaola and T.M. Dyer	365
Jeff Affonso and Rich Little	367
Kevin Duris and Steve Gaylor	368
Bob DeCosta and Dave LaCivita	372
George Desch and Charlie Parker	378
Greg Flatt and Dale Fuller	385
Mike Donofrio and Bruce McCray	387
Ed Mumford and Rick Williams	392
Jeff Damien and Jim Malone	395
Chris Livingston and Kenny Miller	406
Luke Randall and Jeff Walker	416
John Burt and Todd Sternbach	417
Lindsey Counsell and Martin Desch	423
Darrell Esleek and Bob Jackson	429
Bob Hodgkin and Robert Rodrigues	458
Barbara Esleek and John O'Laughlin	524

Men's Open Division	1st rnd	2nd rnd	Total
Jeff O'Brien	82	77	159
Todd Brodeur	83	77	160
Bill MacWilliams	78	83	161
Peter Anderson	84	82	166
Steve Gaylor	85	86	171
John Affonso	93	79	172
Rick Williams	88	85	173
Bob DeCosta	87	87	174
Jeff Affonso	87	89	176
T.M. Dyer	86	92	178
Doug Russell	92	89	181

Jim Malone	92	90	182
Dale Fuller	91	91	182
Charles Parker	94	93	187
Chris Livingston	94	97	191
Lindsey Counsell	102	93	195
Bruce McCray	100	96	196
Men's Novice Division	1st rnd	2nd rnd	Total
Nick Benson	93	97	190
Tom Doty	97	96	193
Kevin Duris	97	100	197
David LaCivita	99	99	198
Jeff Walker	101	102	203
Rob Rodrigues	102	104	206
Jeff Damien	105	108	213
Luke Randall	111	102	213
Ed Mumford	103	116	219
Darrell Esleek	120	105	225
Rob Hodgkin	125	127	252
John O'Laughlin	162	94	256
Womens Division	1st rnd	2nd rnd	Total
Barbara Esleek	135	133	268
Junior Division	1st rnd	2nd rnd	Total
Martin Desch	118	110	228
Men's Amateur Division	1st rnd	2nd rnd	Total
Mike Klassner	89	85	174
Todd Canuel	95	86	181
Gary McCann	91	92	183
Chris DePaola	95	92	187
George Desch	98	93	191
Mike Donofrio	94	97	191
Rich Little	94	97	191
Dan Desch	98	98	196
Greg Flatt	104	99	203
Bob Jackson	103	101	204
Kenny Miller	109	106	215
John Burt	128	93	221

1993 Frozen Fruits Classic

by Doug Russell

(Questionnaire, cont.)

2/27/93...Hardy golfers from all six New England states showed up to compete in the "Frozen Fruits Classic" on a cold, snowy Saturday. 27 players attempted the unforgiving course set amidst the barns and fields of Goodale Orchards.

Before braving the elements for round one, there was a brief ceremony honoring former NEFA President, Steve Hartwell, for the time, work and effort he has put in to flying disc in New England. NEFA President, T.M. Dyer presented Steve with a gold-plated, engraved marker disc commemorating his five year tenure as early organizer and constant supporter. We yelled for a speech but Steve, modest as ever, wouldn't give it up...

Ed Garabedian won the Novice title with a two stroke advantage over Todd Canuel and Richard Little. Joy Hartwell again dominated the Women's Open division, taking home the trophy after just two rounds. Jeff O'Brien (still wanting to outlaw apple crates nailed to walls) played a masterful 3rd round throwing a +3 to take the Men's Open division with a one stroke advantage over TD Doug Russell. A three-way tie for third was reluctantly held by Steve Gaylor, Bob DeCosta and Peter Anderson.

The food was awesome. The computer handled all the details. The snow kept falling while the sun (almost) came out. All entrants played hard, ate well and took home a Frozen Fruits Classic T-shirt. But in the end, everybody gained their own interpretation of what (or who) "frozen fruits" really means.

Frozen Fruits Classic

Men's Open Division	R1	R2	R3	Total
1 Jeff O'Brien	69	70	57	196
2 Doug Russell	67	68	62	197
3 Peter Anderson	68	66	64	198
3 Bob DeCosta	68	67	63	198
3 Steve Gaylor	68	63	67	198
6 Brent Sanderson	68	65	68	201
7 Rick Williams	68	68	66	202
8 T.M. Dyer	70	66	69	205
9 Theo Cade	70	68	68	206
10 Dale Fuller	73	69	69	211
11 Charles Parker	68	69	76	213
12 Jim Malone	79	68	72	219
13 John Affonso	81	72	67	220
14 Scott Berman	86	71	64	221
15 John Rushlow	75	75	72	222
16 Sam Holdsworth	66	68	108	242
17 Eric Holdsworth	67	72	108	247
18 Doug LaChance	72	69	108	249
19 Steve Hartwell	70	72	108	250

Men's Novice Division

1 Ed Garabedian	75	74	73	222
2 Todd Canuel	79	70	76	225
2 Richard Little	75	78	72	225
4 Jeff Blaney	87	78	75	240
5 Tom Donahue	93	85	81	259
6 Jeff Damien	83	90	88	261
7 Rob Hodgins	91	138	85	287

Women's Division

1 Joy Hartwell	82	84	108	274
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Q. What do you like or dislike about NEFA tournaments?

Many comments were broadly stated with few specifics and, therefore, could be interpreted in more than one way. A majority of respondents mentioned they liked the people and their attitudes at the tournaments. Cited most was the playing for fun and the quality of competition. The second most liked aspects were the large number of players, the good value (money's worth) and the prizes at tournaments. Other positives included the golf itself and golf course variety, the multi-event format, the scoring systems and organization at tournaments. In contrast, what people did not like was the poor organization and management at tournaments,

especially the elapsed time before and between events (i.e. Frisbee® time). Aspects of poor organization included communication of the day's schedule, player standings, open division bias and uneven pairings. Less frequently mentioned dislikes were homemade trophies, hostility, high entrance fees, the lack of women players and a lack of spectators. There were also complaints about the same players always winning, tournaments being too rigid and shirts and discs that are given out too often in the players' packages.

Q. How could NEFA events be run better or improved?

A few felt no improvements were needed, however, most felt that more structure and better organization is needed. Realistic and punctual start times for the number of planned events were suggested, perhaps with the help of a tourney staff and officials. Other suggestions were: more players are needed, more divisions, more fun, more golf, beer (although the presence of drugs or alcohol was also a concern). Additionally, entrance fees should also remain low and be standardized, family discounts and less shirt/disc giveaways. If entry fees increase, the cash should be used for prizes (see next question).

Q. Would you spend \$20.00 for an entrance fee?

Thirteen responded "yes" while twelve responded "no." Several offered comments. A few would pay the \$20.00 but play in fewer tournaments. Most people generally just want their money's worth and a fee that large would have to be justified (i.e. a two-day tournament, cash awards not just for the Open division, a party, a nice players' package with sweatshirts as opposed to T's or a big lunch.

Q. What direction would you like to see NEFA take: more player-oriented, more structure and public exposure, or both?

The majority stated that a combination of both is needed, with an emphasis on exposure (although less exposure was sought by a few). There were many suggestions offered on

(continued on pg. 11)

To My Friends at NEFA,

I just received the recent edition of the newsletter and was pleasantly surprised at the amount of information brimming in the issue. It's nice to see that some other NEFA members are getting more involved. I have enclosed my check for another year as a "long distance" NEFA member.

After reading the newsletter cover-to-cover, I was very pleased in seeing that New England is attracting more women competitors. However, one very comprehensive article [in the last NEFA News] about the 1992 U.S. Open offered a full page description of the men's individual and overall standings. Yet, when it came to giving credit within the Women's division, the four top finishers were run through with no explanation of how things broke down in each event. As a paid NEFA member—and as a woman—I was disappointed. I think that the women should be given as much coverage as the men.

This subtle form of neglect can erode the growth of women in competitive disc play. Even the acknowledgement of women competing and doing their best can make a great impact on their self-confidence and self-esteem. In turn, this encourages more disc play through peer recognition. However subtle it may be, we need to give the women more encouragement as well as congratulations when it's deserved.

Enough said. I am still a great supporter of everything you guys/gals are doing. I'll be back in Boston in early April and am planning a trip to the Virginia States. Hope to see some of my old NEFA friends but if I don't catch up to you, don't hesitate to call. Arizona has some of the most beautiful disc golf courses in the country and plenty of room to Freestyle until the sun goes down.

Keep 'em spinning!!!

Judy Robbins

(602)433-7846

Judy, who currently lives in Arizona, has been competing on the tournament circuit and recently took home the Women's State titles for both Texas and Arizona. Always disc-active, she is working with her employer to host the regional Junior's Disc Championships, and Phoenix, to host a major Freestyle event in '94. Congratulations, Judy, and keep us in the spin! NN

So John,

Great job at taking over one of the hardest of the hard NEFA jobs. I remember I did it for two issues and actually enjoyed it. There are a few moments of dealing with criticism when I felt like blurting out something like: "Well, if you don't like it, why don't you do the ♦□* *●○■ newsletter yourself!?" I resisted all inhibitions, internal pleas to logic, diplomatic temptations and other mature leanings and blurted out exactly that. Pretty soon I was fairly sure the whole world was out to get me. I started answering the phone with a simple, "♦♦* *□♦!" Life got very exciting for awhile, though I did lose a few potential jobs. Luckily for me, I wound up alienating not only friends but several relatives, too.

Hope your tenure turns out to be as varied and fulfilling as mine.

Hey John!

I really enjoyed the newsletter and had an idea for the next one! How about choosing a player to write a column about whatever they like about the sport and the people. Maybe a brief bio, favorite discs, favorite events, etc. Or...have everyone write one, then you could choose whose to use, or...NOT!

Here's mine:

First Tournament: WAAF in Hopkinton, 1988? I had no idea what was going on. Funky people with funky outfits with handbags chock full of personal "Frisbee's" and even funkier towels and stuff hanging from their bags!? Of course, I was a little shy (read: intimidated) to ask somebody what was going on. I had my trusty Wham-O 141. Period. I played MTA. That looked easy. Then Bob DeCosta broke his collar bone. eeew! I saw Bill MacWilliams and, shortly there after, he brought me to Jason's Pyramids course. I've been hooked ever since. I still like hucking that 141 side-arm though. A nice big grassy lawn, bare feet, music, warm sun and someone to jam with...aaah.

Favorite course (other than the Ledges): Borderlands—holes 6 & 7...beautiful.

Favorite discs: Scorpion to drive, Aviar XD for approaches and putting.

Favorite screw-up: Not returning my scorecard at Miantonomi in '92. I take a 108. ouch!

Anyway, just thought I'd write. See you soon.

Brent Sanderson

By the way, I'll be back with a vengeance this summer to continue my lifelong humiliation of Xxxxx Xxxxxxxx. There are two great courses here and plenty of competition. I'm hoping to become so good and conceited that I achieve maximum insufferability.

Jason

"I like taking time and am more interested in steady growth and human interaction. My philosophy is that there are two kinds of people: those who realize how fabulous disc sports are and those yet to realize. But its probably good that everybody doesn't play quite yet--the airways would be too crowded!!"

"Seriously though, it's definitely a growth thing. As you get into your fifties you start to see a deeper value in things--like human relationships. The sport just isn't a flash in the pan. I have more fun playing every year. When you look at Larry Bird retiring from something he loves--it's sad. You never have to retire from disc sports. You just keep getting better and can always improve your game. It's a challenge."

NN: So how'd you get into Golf?

Sunny: "I had freestyled for eleven years. I was a Freestyle snob. In '85, I went to my first major world championships in Rochester, NY-- at that time you had to qualify for the Worlds and you had to do all the events to qualify. It was a challenge I accepted. In Self Caught Flight, they had divided up two groups of Masters: the heavyweights and the lightweights. I was with the lightweights but was challenged in the play-offs against the heavyweights' top guy, the tournament director, Jim Palmeri (one of my role models). I won the tournament. It was Jim, actually, that got me into Golf. He said, "You oughta try it." I did and I was hooked. Now I think it's the best."

NN: You frequently travel. Where are some of the places you've played?

Sunny: "I played in Accapulco one winter. I went down with some plastic and Stork sent 120 frisbees down to give away. Customs wouldn't let the discs through and I lost mine in the surf after about ten minutes! We ended up playing with

a Mexican version of a 'Master.' We also played in San Phillippe. A bunch of us were down on a camping trip--Stork and his family, Evan Davis, Tim Selinski, Craig Smith. And, I've played a lot in Hawaii, too, and all over the states."

NN: Which is your favorite golf course?

Sunny: "The island course in Toranto is excellent. But Ellison Park in Rochester, NY is my favorite on the East Coast. De La Viega, in Santa Cruz, is the best in the world. It offers a beautiful combination of views. Hole #3 is the most beautiful hole in the world. (It's where Danny McGinnis recently scored the longest recorded ace.) It's very challenging and, I think, it's the best to develop your game--it haunts you."

NN: You have a relationship with Wham-O. How did that come about?

Sunny: "It was slow growth. It started when I was in Hawaii. I had been corresponding with Stork--who was the head of the IFA at the time. In 1983, there was a reorganization and it turned out that Wham-O decided it couldn't sponsor the Seniors Tournament any longer. I called and said that I'd put it on. Stork said he'd help and had me work with some of his people. We had 35 people all together."

NN: What made you do that?

Sunny: "I figure that it's not what happens but how you respond to it. And, it was a challenge so I decided to put it on. We had it at the Howling Wolf Campgrounds, where everyone stayed. The 'Howling Wolf' logo is still around--it kinda gets passed down. Anyway, it's great to be a part of having kept the Seniors going."

NN: Your address book must include many famous and infamous players, like Stork and Headrick. Care to drop a few names?

Sunny: "Sure! I spent some time with Monika Lou, a past women's world champ. And Tom 'TK' Kennedy, 'The Father of Ultimate,' Freestyle legend, Tom 'T.Shep' Shepard and others like Doug Newland, Ron Wydell, Skippy Jammer and Ted 'T.Q.' Bowes, who took me out and trained me in all seven events. He's a primo frisbee character. And, 'rose.' She's a great world Freestyle champion. Oh, and I can't forget Snapper Pierson. He's still the golf pro at Morley Field in San Diego. Snapper was my DDC and early golf coach and is the best DDC player/coach on the planet."

NN: Sunny, what's your favorite part of the sport?

Sunny: "It's definitely a combination of the outdoors, the playing and the friendship. If we're talking about the game then it was originally Freestyle, then DDC. Now Golf is king."

NN: Any advice for new players to Disc Golf?

Sunny: "When I first got into it, I wished I was better, faster--that I could be more competitive. But if you play then enjoy it and savor your first relationships because you'll never have them again. The key to a great performance is enjoying yourself."

NN: What's in your golf bag, Sunny?

Sunny: "I generally carry about 14 discs or so. I carry a 174g. Gumputt Putter; an Apple for short, downhill approach shots. Also, I carry two Vipers--one old one that goes straight and one more stable for 'into the wind' shots. I use a 158g. Aviar, a 144g. Aviar and a 90g. "Premier" Aviar for long 60'-70' putts. I have two beat up Eclipses--one at 151g. for short rollers and overhand shots and one for long backhand rollers."

"I like my 144g. XD for short anheuser shots and a 160g. Stealth for longer anheusers. I carry a couple of others: a Scorpion, a Whippit and

(cont. on pg. 11)

(Player Profile, cont.)

a new Roc—it's my best disc for straight up the pike.

"I consider a disc mostly by how it flies when it's beat up. I like to groove them in...to me the most valuable golf disc is the ones that is most used and you know it like a book...That's real intimacy."

NN: How many do you have in all?

Sunny: "Oh, a few hundred, or so..."

NN: Any final thoughts, Sunny?

Sunny: "Yes. One of my favorite things is to have someone call up out of the blue and say, 'Let's play!' It's a great thing! Anytime, anyplace. I'm often available, training or something, and I'm always ready for a game and happy to play!"

Like disc sports, Theo Cade is a multi-dimensional individual. His talents extend beyond the athletic, his interests cover a wide spectrum and his philosophies belie an outlook on life that is energy charged. Thanks, Sunny. NN

(Variations, cont.)

from tee #1 to hole #8 could be quite long. The same is true for a course that

Tee #	Hole #
1	8
9	7
8	6
7	5
6	4
5	3
4	2
3	1
2	9

zig-zags. Teeing off from tee #2 to hole #9 could be quite lengthy on a horseshoe-shaped or zig-zag course. By playing skip-a-hole or skip-a-hole backwards, the course not only takes on a different look, but may be more

realistic—especially if the course is short. The holes may become more challenging. Some holes may become unrealistically long, blind or difficult. If so, some improvisation may be needed.

So, next time you go out to your favorite golf course, try Skip-a-Hole or Skip-a-Hole Backwards. You may find you like the course better!

(Questionnaire, cont.)

increasing public awareness including: education through schools and senior citizen's homes and publicity through newspaper and radio. Other responses encouraged getting more members, establishing permanent courses and holding more small, local events to increase exposure. There was some disagreement on whether NEFA should have more structure, with no specifics given. An additional comment concerned the lack of dignity disc sports has in the general public—the, "Oh, do you have a dog?" syndrome. Lastly, one satisfied player thought NEFA was fine just the way it is.

Q. Who turned you on to disc sport activity?

In almost all cases, it was a friend or friends (1-3) who introduced the sport to the respondents. In some it was a husband or father. In others it was by watching a tournament or being part of a youth group. Wham-O™ was also given credit for introducing the sport. One individual turned himself on...ah, to disc sports, that is.

Q. Which golf discs do you prefer and why?

Responses were divided into three categories: drive, approach and putt. The number in parentheses represents the number of times the disc was mentioned, but not necessarily for any specific category. Preferred discs for drives were Cobra (8), Stingray (7), Aviar (5), Roc (4), Bearcat (4), Eclipse (4), Scorpion (3), Vortex, Viper, X-15, Ace and Shark each with one. Discs used for approaches include: 86 Softie (2) and Aviar, Roc and Soft Approach each with one. Putters favored were the Aviar XD (2), Gumbputt and 86 Softie (1).

Well, there you have it. The results of NEFA's 1st Questionnaire. If your questionnaire wasn't sent in on time or you forgot to mail it, don't worry. Send it in anyway. All questionnaires will be used to help NEFA strive for greatness. Your opinion will be heard *if you get involved*. Fill out the questionnaire and send it in. Write a letter to NEFA News. Attend a Board meeting and vote on issues. Help yourself by helping your organization!

Shotmaker's Special

by Ed Headrick, #001

The "Two-Step" Drive

If you want some power off the tee, the "two step" may be helpful. Start with your shoulders and feet in line with the target. Keep your knees bent. As you start your backswing, step behind your right foot with your left foot (for righties). Reach back as far as you possibly can with your right hand. When you hit the stops, step towards the target with your right foot quickly and firmly. When your right foot plants, your "spring" will be at maximum tension. Your hips will already be unwinding with the step. Keep them moving and start unwinding your upper torso. Now start unwinding your shoulders. Give your arm everything you've got and hang on to your grip. Think follow-through and finish just like your backswing, but in the opposite position. Don't worry about letting go of the disc. It will launch itself at maximum velocity.

Practice the two step until your computer has it all sorted out. Remember, it has to be thousands of contractions and relaxations in the proper sequence and timing before the whole thing becomes automatic. If you want to add a run up to the two step, don't add more than one step a month. Practice it and add it to your computer bank. Don't add more than five steps unless you need the exercise as an excessive run up will not add any more velocity to your throw.

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1992 Connecticut State Championships

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1990 New England Championships

- T-shirts in Teal (2 lg.).....\$6.00

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1992 New England Championships

- Discs in yellow, blue, white or pink with hot stamps in black, purple, white, silver, gold, orange, green, reflector gold & silver.....\$2.00
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8	12/89	The 13th Mass States Tournament
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1993 NEFA EVENTS SCHEDULE

March 28th	2nd Annual Oak Grove Open • Millis, Massachusetts • <i>Contact:</i> Toddy Brodeur @ 508-376-8708
April 17th	1993 Virginia States • Fredricksburg, Virginia • <i>Contact:</i> T.M. Dyer @ 401-846-3236
April 24th	2nd Annual Pulpit Rock Open • Munson, Massachusetts • <i>Contact:</i> Dave Johnson @ 413-596-6966
May 1st	1993 Spring Fling • Borderland Park, Easton, Massachusetts • <i>Contact:</i> Greg Black @ 617-585-9568
May 5th	Open NEFA Board Meeting—all members encouraged to attend. • Rt. 24 North Burger King @ 7:00pm • <i>Contact:</i> T.M. Dyer @ 401-846-3236
May 15th	World's Biggest Disc Golf Weekend • Roger Williams College, Gary Boyer @ 401-245-4826 • Wachusett Mountain, Steve Hartwell (R.C.) @ 508-664-2888 • Burgess Park, CCFGA, Lev Malakhoff @ 508-771-4619
June 12th & 13th	Old Orchard Beach "Flying Disc Days" a.k.a. "Maine States".....(<i>NEFA Points Event</i>) • Old Orchard Beach, Maine • <i>Contact:</i> T. Cade, T. Brodeur or J. Rushlow
June 26th or July 3rd	PYRAMIDS • Leicester, Massachusetts • <i>Contact:</i> Jason Southwick @ 404-951-8267
July 17th	Rhode Island States.....(<i>NEFA Points Event</i>) • Miantonomi Park, Newport, Rhode Island • <i>Contact:</i> T.M. Dyer @ 401-846-3236
July 31st	NEFA Summer Splash! • Burgess Park, Marston Mills, Massachusetts • <i>Contact:</i> Lev or Nancy Malakhoff @ 508-771-4619
August 2nd	Open NEFA Board Meeting—everyone's invited! • Rt. 24 North Burger King @ 7:00pm • <i>Contact:</i> T.M. Dyer @ 401-846-3236
August 7th	World Records for NEFA Kids! • Miantonomi Park, Newport, Rhode Island • <i>Contact:</i> T.M. Dyer @ 401-846-3236

OTHER IMPORTANT DISC DATES TO REMEMBER:

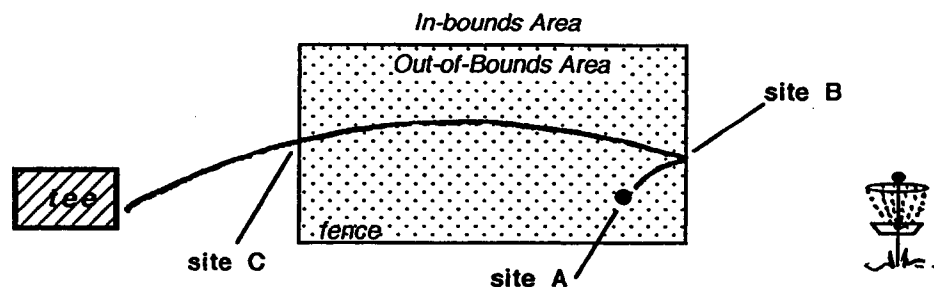
August 7th & 8th: PDGA at Rutgers and at Buzzey's Creek
 August 14th: The 1993 Connecticut States.....(*NEFA Points Event*)
 August 28th & 29th: The 1993 New Jersey States
 August 28th: The 1993 Massachusetts States.....(*NEFA Points Event*)
 September 11th: The 1993 New Hampshire States(*NEFA Points Event*)
 September 25th & 26th: The 1993 New England Championships.....(*NEFA Points Event*)
 October 16th: The Caped Cod Open
 Mid-October: The New York States
 November 3rd: Open NEFA Board Meeting

Mark Your Calendar and Stay Tuned For More Details On Our Excellent Disc-Active Year!!

What's the Rule??

Question #2:

Harry Hyser throws his tee shot over a fenced-in tennis court that has been designated as "Out-of-Bounds." Harry's drive hits the far fence and his disc lands on the tennis court. What's the rule and how do you proceed??



Answer:

According to Rule 803.08 A, Harry's disc is OB since the out-of-bounds area is clearly visible between the edge of the disc (site A) and the in-bounds line (the fence). Harry incurs a one-throw penalty and must continue from a playable lie, no nearer the target, at the point where the disc last left the in-bounds area, in this case, the fence at site B—according to Rule 803.08 B.

According to this same rule, had his drive instead landed OB without hitting the rear fence first, he'd take the penalty and play on from site C.

post script: If the disc had come to rest on the court but was touching the fence, the disc would technically have been in-bounds since the fence represents the in-bounds line (Rule 803.08 A). Relief in this situation is not permitted as the fence is a permanent obstacle.

That's the Rule!



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