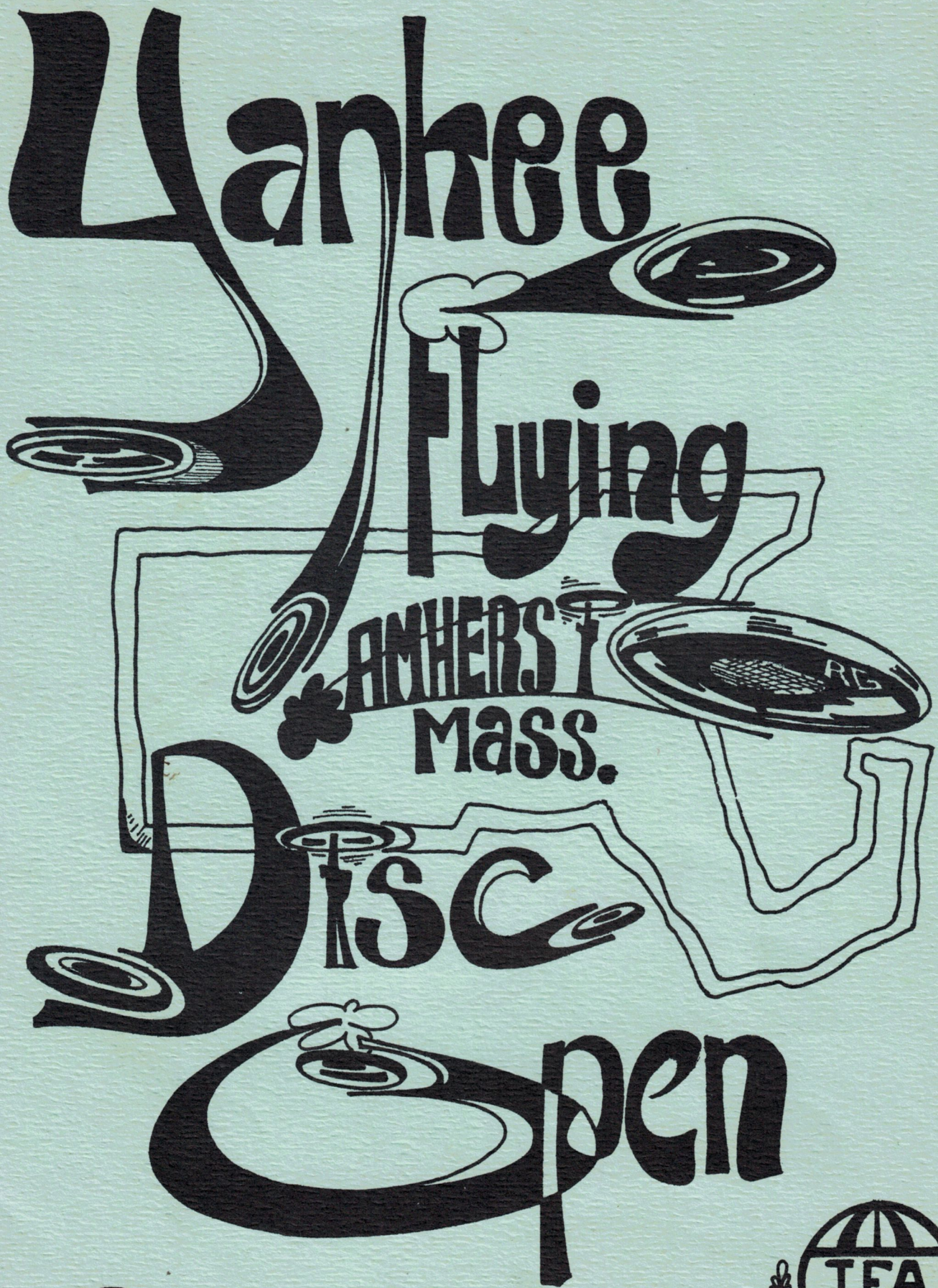


**Wankee
Flying
AMHERST
Mass.
DISC
Open**

A stylized black and white illustration of a discus thrower's arm and hand holding a discus. The arm is thick and curved, with a discus at the end. The discus is shown in motion, with a circular trail behind it. The text is integrated into the graphic, with 'Wankee' at the top, 'Flying' in the middle, 'AMHERST Mass.' below that, 'DISC' in large letters, and 'Open' at the bottom. The background is a light greenish-blue.

June 24-25, 1978



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Amherst, Massachusetts

June 24 & 25, 1978

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Welcome to the Yankee Flying Disc Open. YFDC is one of 15 North American Series Tournaments used to qualify America's best Frisbee players to compete in the World Frisbee Championships held every year in August at the Rose Bowl in Pasadena, California.

This year representatives from eight countries will be competing at the Rose Bowl with contestants coming from as far away as Italy, Japan and Australia.

There are five events that are used to test the skills of players for the Men's, Women's and Senior's World Overall titles. They are Distance, Maximum Time Aloft, Frisbee Golf, Freestyle and Double Disc Court.

Each "Series" Tournament has two qualifying events. This weekend's events are Golf and Distance. Frisbee Golf is played in a fashion similar to ball golf. There are tees, fairways and holes with the object being to throw the fewest number of times to "hole out." Distance is thrown with wind and measured from the throwing line to where the Frisbee lands.

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SCHEDULE OF EVENTS

Saturday

- 8:00-8:30 Late Registration
- 8:30-9:00 Seeding & Group Arrangement
- 9:00-1:00 P* Group D Throws Dist. & G Golfs
- 1:00-1:30 N Triple Disc Court Demonstration
- 1:30-5:00 P Group G Throws Dist. & D Golfs
- 5:00-5:30 N "Big Tunnel" Record Attempt
- 7:00-1:00 Party at Fayerweather-Amh. Col.

Sunday

- 8:30-11:00 S* Golf Tees Off Carefully
- 10:00 N "Speed Golf" Tees Off Quickly
- 11:00-12:30 S Distance Takes Off
- 12:30-1:00 N "Maxi-Op" Record Attempt
- 1:00-4:00 F Golf Tees Off Very Carefully
- 4:00-4:45 F Distance Blasts Off
- 4:30 N "Speed Golf" Finishes
- 5:00 Awards Ceremony

- * P=Preliminary Round
- N="Nonseries" or Festival Event
- S=Semi-Final Round
- F=Final Round

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HISTORY OF THE FLYING DISC

It all started 100 years ago with William Frisbie and his sister Susan making their living selling pastries in Bridgeport, Conn.

America loved Frisbie pies, and so did the nearby students at Yale University. Between mouthfuls, these enterprising young people discovered that the 10" metal pie tins they'd been throwing away had a marked propensity for flying smoothly when thrown with a snap of the wrist. With students in desperate need of an excuse not to study, the pie tin craze soon spread to Harvard and other campuses across the nation.

A pie-tin and paint-can-lid flipper from way back, Walter Morrison dumped the pie tin after several wasted attempts to improve its stability, deciding to use science's newest brainstorm, plastic, to build his Morrison Flyin' Saucer in 1948. Soon after putting his design into production, the first real live, honest-to-goodness flying disc was born.

Morrison sold his flying discs on the beaches of Los Angeles with the following gimmick. He professed to be selling magic invisible string. To demonstrate his product, he would tie one end to the disc and the other to his finger. By throwing different curves and pulling the magic invisible string appropriately, he was able to convince the public that his product was real. He sold the string for a dollar and threw the disc in free.

Two toy entrepreneurs, Rich Knerr and A. K. "Spud" Melin, caught on to Morrison's act and soon proposed a merging of financial interests. Two years later, the Morrison Pluto Platter became the Wham-O Flying Saucer.



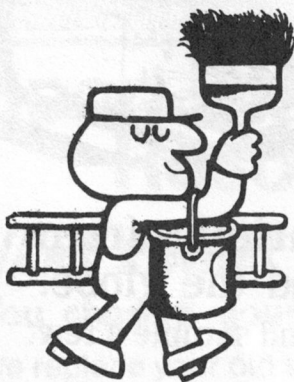
Things ran along rather smoothly and steadily in the first ten years of production, with competitions here and there as the American public played with their new toy. However, with the introduction of the Hula Hoop, the most popular toy fad of the times, the popularity of the flying disc took the big dive and almost lost it all together. In a desperate attempt to resuscitate the flying disc from disappearance, the company changed the Flying Saucer's name to Frisbee, hoping that the name would catch on through nostalgic Ivy League campuses and stimualte sales.

It wasn't until the early 1960's, when Wham-O general manager Ed Headrick commenced a new advertising campaign that billed Frisbee as a sport and not just a toy.

In 1964, with the introduction of the Professional Model, Headrick went on to found the International Frisbee Association. Tournaments, freaks and the counterculture embraced the aerial phenomenon as its second favorite pasttime.

Today there are more than 80,000 Frisbee fanatics, including 250 dogs, that have joined the ranks of the IFA. The times have seen a dramatic increase in public interest, media concern, organizations and tournaments. Frisbee has broken the barriers and can be seen now on your favorite TV sports program or at your favorite sporting event. The acceptance and popularity of the sport is clearly indicated in that wherever you go, the beach, park, and whatever you see, from shoe commercials to travel advertisements. Also, the Frisbee now has at least two publications out, not to mention the number of recent books that have been written on the sport.

Inspired by the public's fascination with flying saucers and the 20th Century's addiction to aero-dynamics, the Frisbee has become both a sport and a source of sublime satisfaction to the children of the Space Age. Over 100 million flying discs have been sold in the last quarter century, and there are serious efforts underway to include the Frisbee in future Olympic competition. Not bad for something that started out as a souped-up version of a metal pie tin.



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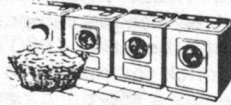
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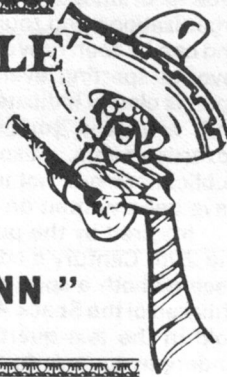
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NATIONAL CHAMPIONSHIP SERIES MEETS

There are fifteen National Championship meets each season hosted by Frisbee clubs across the United States. Through these events, players qualify for the World Frisbee Championship in August.

TEAM CHAMPIONSHIPS

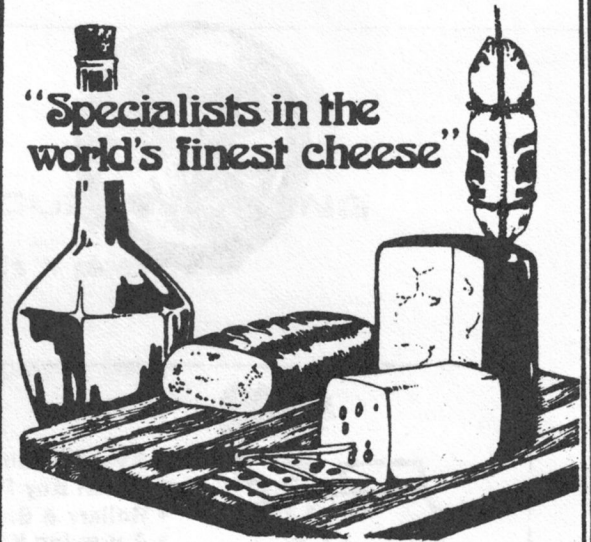
Eastern and Western National Championships are held in Ultimate Frisbee each year. World and National events are held in Guts.

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1. The most powerful force in the world is that of a Frisbee straining to land directly under a car, just beyond reach. (This term is technically called "car suck")
2. The higher the quality of a catch or the comment it receives the greater the probability of a crummy re-throw. (good catch - bad throw)
3. One must never precede any maneuver by a comment more predictive than, "watch this!" (Keep 'em guessing)
4. The higher the costs of hitting any object, the greater the certainty it will be struck. (Remember - the disc is positive - both cops and old ladies are clearly negative)
5. The best catches are never seen. (Did you see that? - See what?)
6. The greatest single aid to distance is for the disc to be going in a direction you did not want. (Goes the wrong way - goes a long way)
7. The most powerful hex words in the sport are - "I really have this down - watch." (Know it? Blow it!)
8. In any crowd of spectators at least one will suggest that razor blades could be attached to the Frisbee. ("You could maim and kill with that thing.")
9. The greater your need to make a good catch the greater the probability your partner will deliver his worst throw. (If you can't touch it, you can't trick it)
10. The single most difficult move with a Frisbee* is to put it down. (just one more)



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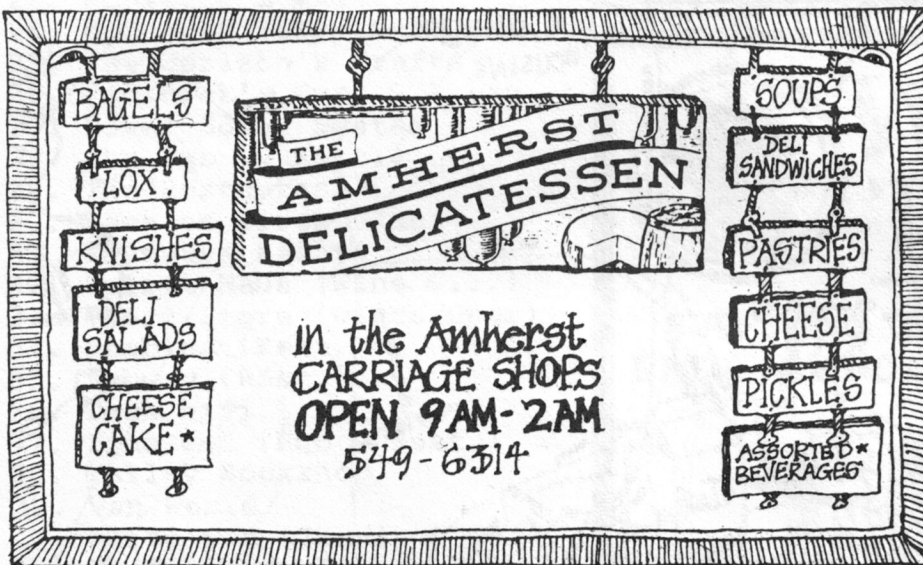
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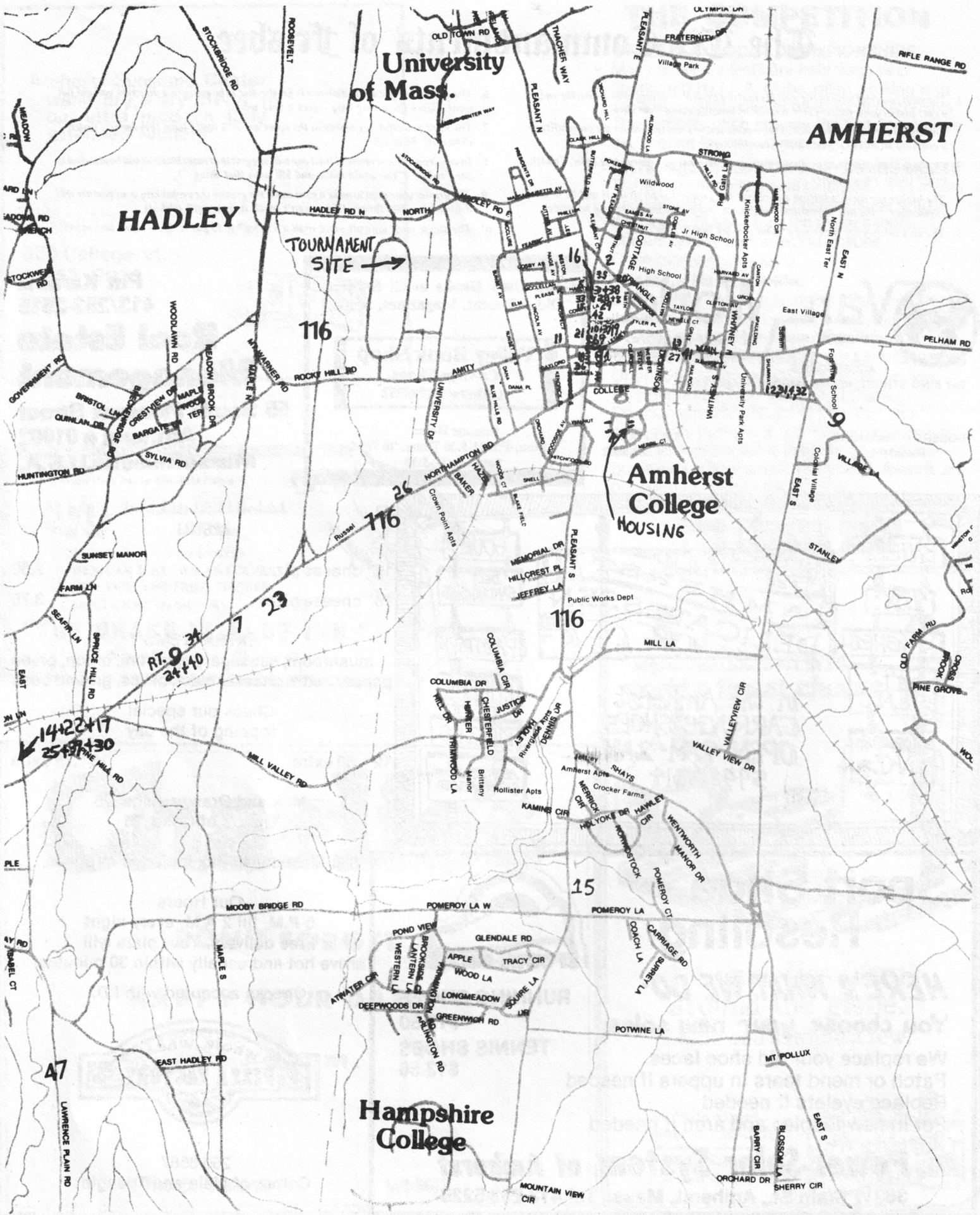
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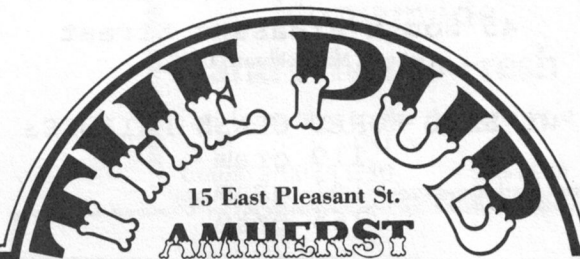
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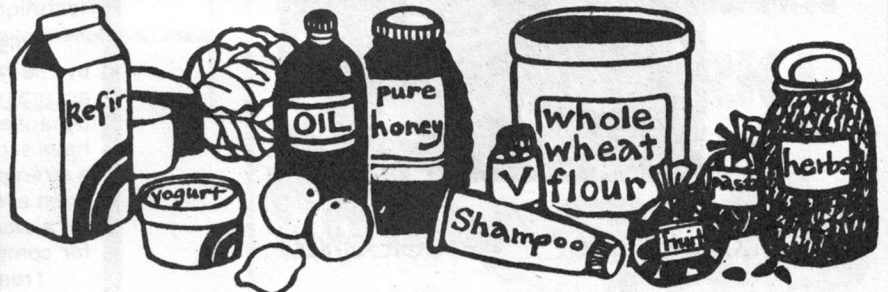
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WOMEN IN FRISBEE®

by Patti Hipsky

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There were only twelve women in the 1976 World Frisbee Championship meet. Ninety-five men competed at the event. Under-representation? Not really. Only about forty women entered any of the Series meets, so almost a third qualified. Over nine-hundred men competed in the Series so only a tenth of them made the trip to the Rose Bowl.

Historically, competitive Frisbee, like most other sports, has been mainly contested by men. Being a competitor since 1973, I can recall many tournaments where less than five women were present to throw for distance, which was about the only event we were able to compete in. Women's divisions weren't even on the tournament schedules and several of us would band together and walk over to an official to ask permission to have our own competitions. All trophies and awards would be presented to the male winners and if we were lucky, the female winner's names would be read. The I.F.T. has had women's events since 1971 but, only since W.F.C. '75 have womens' divisions become a standard part of competitive meets. The '76 W.F.C. brought endorsements and prize money to women in both the distance category and overall winner. The future looks even better as more women come into Frisbee.

Aside from competitive awards, other opportunities are also particularly open for women because there are so few of us in the sport. Women add greatly to clinics and demonstrations so most clubs are eager to find good women players. A new fellow may have to wait a long time to make the club's demonstration team. As field meets between clubs become more popular, the importance of a strong womens' program is even more important on the local level.

Women have great potential for excellence in Frisbee play. Many advanced techniques require highly developed manual dexterity. Women have been proven to possess a naturally greater command of these skills. Other important qualities such as grace and flexibility also are strong points for many women. Women generally do have less sheer physical strength than men but the records demonstrate the differential is not as important as one might expect. In fact, even in the field events, the size or strength of the women seems to be outweighed by their technique.

This year's Series events reflect the competence of women by the fact that all events are open to both sexes. Freestyle and accuracy do not even include any separate women's finals because we can hold our own with the men. The other events have separate women's finals for Series points because we are at a strength disadvantage. If however, one of us does qualify for the open events, we could win those titles. This may be the first year for a woman to win an open title. 1977 will also be the first year for competition between women's Ultimate teams.

I realize many of the women reading this are thinking that it is easy for me to encourage more women because I already am involved. I know fear keeps many interested females away from the competition. It took me a lot of courage to step up in front but in a short time, this fear goes away and is replaced by confidence. Once you have entered one or two tournaments, others know who you are and encouraging words emerge from the sidelines as your turn approaches. Other players are always willing to show techniques and answer any questions newcomers have.

Most of the women who are known competitors today got started through boyfriends but I am hoping as more women get involved that they can bring each other into the sport as well. I encourage all interested females to step up at the next tournament they go to and enter. You can learn through competing as well as on your own and the new friendships that evolve are worth it. Frisbee® can be a sport equally represented by both sexes in all areas. Let's make it happen.



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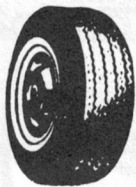
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FREESTYLE Players are judged by fellow competitors on a 1-10 scale based on subjective evaluation of level of difficulty, creativity, consistency, etc. Teams get five minutes to perform, usually with musical background. Seven player judges are used in Finals.

THROW, RUN & CATCH (T.R. & C.) — Players throw a "boomerang" flight into the air and catch the return flight cleanly in one hand. Distance is measured from the edge of the 4-yard diameter throwing circle to the point of first contact in the catching attempt. Run-up may be taken outside of the circle. Strong throws and swift running is required for good distance.

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DOUBLE DISC COURT (D.D.C.) A doubles game in which a pair defends a 12 x 12 meter court. The courts are separated by a 15-meter neutral area. Each point begins with one player on each team throwing the disc to the opponent's court. Scoring occurs when a team drops a disc, has a disc land in their court or holds both discs. Good shot variety and placement are the keys to competitive success.



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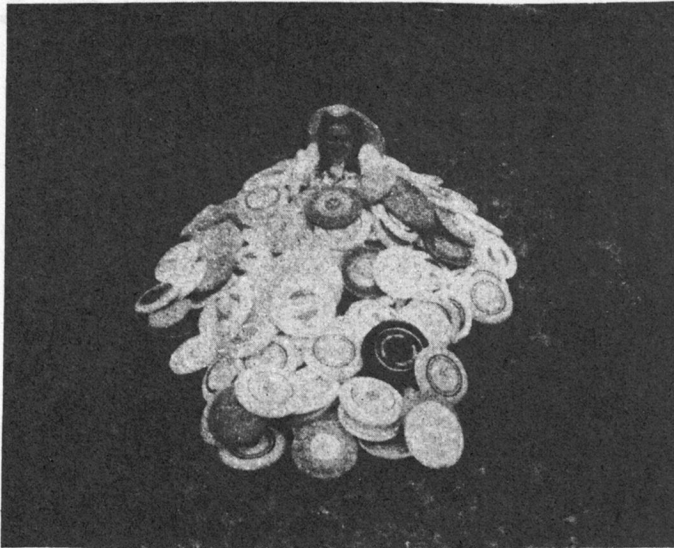
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CLUBS

There is no element more important in the International Frisbee Association than the local clubs. This organization is the basis of most members' experience with the Frisbee®. These groups are also important as training grounds for national and international competition and as the host organizations for these competitions. The International Frisbee Association is very interested in strengthening all such groups and maximizing the information flow between them. To this end, we have instituted the I.F.A. affiliate program.

Any group of players which numbers over 15, may apply for affiliate status with the I.F.A. merely by demonstrating that 75% of their membership is registered with the International Frisbee Association.

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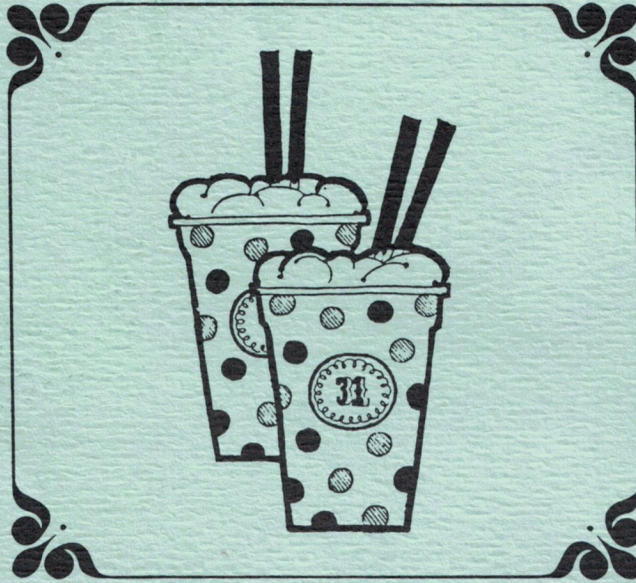
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