



**New England Frisbee Association**  
**"Promoting Flying Disc Play in New England"**

#6

June 1989

## Disc Clips

by Rick Williams

### Illustrated Disc

In the May 8, 1989, issue of *Sports Illustrated* there is a three page article on Ultimate Frisbee. The article centers on the team from New York City—appropriately called New York Ultimate—and recounts their games in the national and world championships held in San Diego, CA and Belgium, respectively. The team from Boston known as Titanic was briefly mentioned. ☺

### Delta Force

The May issue of *Sky*, Delta Airlines' in-flight magazine, has an extensive article on Ultimate. The history of the sport and its incredible evolution and growth are discussed. Many aspects of

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## Feature

# The Capron Classic

By Todd Brodeur & Steve Hartwell

Memorial Day weekend was a memorable one for the 30+ participants in the 1st annual Capron Classic, held at Capron Park in Attleboro, MA. The two day event, hosted by tournament director Toddy Brodeur, featured Golf and Discathón on Saturday, May 27, and Double Disc Court and Freestyle on Sunday. It was a fun time for all, and a great positive step forward for disc sports in New England. Attleboro Parks and Recreation were very cooperative in letting us use their fine facility.

The local newspaper coverage from the Attleboro Sun Chronicle and the Providence Journal and television coverage from WJAR Channel 10 in Providence really helped highlight the weekend.

Saturday dawned hazy, hot and humid. The mosquitoes thought it was Thanksgiving as they feasted on disc golfers in the woods. On the more open holes; the park roads (or was it the spirit of Frosty the Polar Bear, long time resident of Capron

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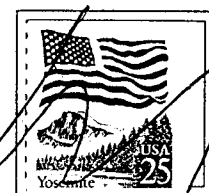
# NEFA NEWS

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To:

MEMBER89

PEEL HERE



## Freestylers' Jam

by Rick Williams

If you freestyle or would like to learn, then join us on the Esplanade at the Hatch Memorial Band Shell in Boston on weekend afternoons throughout the summer. The large oval of grass in front of the Hatch Shell is alive with activity during the summer. Roller skaters are roller-dancing to the tunes on their boom boxes, jugglers are practicing their art, footbag circles and disc throwers all add to the festive atmosphere.

Free concerts, which range from folk, blues, and jazz, to reggae, classical, and rock are given at the Band Shell on weekend afternoons and evenings.

We are a group of disc freestylers known as Bostyle. The Hatch Shell is like a weekend summer home for us considering the number of hours we spend there. On Saturdays and Sundays from early afternoon into the evening we keep the plastic spinning. The best time to find us is late afternoon, so come out and join the fun and catch some zeas.

To get there take the MBTA red line to the Charles Street stop, and walk down past Community Boating

to the Hatch Shell. Or take the green line to the Arlington Street stop, and walk down Arlington Street toward the Charles River to Beacon Street. Go over the footbridge and you're there! For more info call: 617-666-5936. ☺

## The Double Disc "3-Point" Court Championships

by Sunny Cade

On April 13, 1989, seven teams gathered in Mansfield, MA, to go for the gold in this newly disc-overed flying disc game. DD3C is played just like regular Double Disc Court, except the courts used are the 3-point boundaries on a regulation basketball court. It is a marvelously elegant finesse touch-shot game that can be played indoors, as Todd Brodeur, inventor of the game, and Sunny Cade found in looking for another fun, low-injury risk flying disc sport.

The competition featured young and old, amateur and pro. Young tigers Dave Archibald and Kevin Easingwood, after being seeded last

in their pool, dusted disc pros Chris DePaola and Dale Fuller to tie for 3rd place with Greg Black and Steve Scannel. In the finals, Shane Schiller and Tony Carcia found themselves down one game to none against Sunny Cade and Scooter Feely, but turned up the juice to take the last two games and the the championship. Congrats to Shane and Tony, the first DD3C champs! ☺

## Presidents Corner

by Steve Hartwell

I am happy to report that upon nearing its first year as an organization, the New England Frisbee Association is alive and well and growing. As you leaf through this issue of NEFA News, check out all the events that have happened this spring and will happen this summer with your continued enthusiasm. A new disc golf course blossomed this spring, and our first major tournament drew extensive media coverage. Furthermore, the treasury is well into three figures, the mailing list has close to 200 names, and there are nearly 50 paid members.

Most important, whether you're a veteran disc enthusiast, interested newcomer, or just enjoy reading the newsletter, if you haven't yet joined NEFA, this is the time—your trial subscription ends with this issue! Use the registration form inside to become part of the growing spirit of disc sports in New England. ☺

## NEFA Officers

President: Steve Hartwell ..... (508) 664-2888  
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*Please contact the appropriate person with suggestions or ideas.*

## Feature

## Curses, Thwarted Again

by Theo Sunny Cade

You're on the tee, concentrating fully. You draw a bead on the pin. You pull back and visualize a laser beam of pure energy directed straight to the pole hole. You are about to release mountains of pent-up power into your surging muscles. Your heart soars in glorious anticipation of the beautiful flight that is about to be, and..., and.... **TOINK**, the disc lightly bumps a part of your body other than your throwing hand and goes wiffing miserably off course. You have just suffered the disc throwers bane, the horrible

THWART OF THOR!!!  
AAAAAARGH!!!

I was recently reminded of the feared THWART OF THOR when it happened to me in a disc golf round with a lanky disc slinger from out west with the moniker, Stork, who had moseyed into Boston for a week's disc and bull slinging at a physical educator's conference.

If you read Stancil Johnson's historic book, Frisbee, you will find reference to the THWART OF THOR on page 54, "This dastardly occurrence was named for George

"Thor" Anderson, captain of the Foul Five Guts Team of Gary, Indiana, who first displayed this affliction".

Given the above history lesson, it has occurred to me that there are other thwarts out there waiting to ensnare the unwary disc golfer. For example, you line up your shot through the trees and send it flying straight for the pin, when **ZWIP**, a small, previously unseen branch reaches out and sends your disc pell-melling in an errant direction. Or worse yet, you blast a hard throw and **THUNK**, it hits a tree 10 feet in front

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(See Address Below)

## Who Says Frisbee Champions Don't Come From New England?

1988 U.S. Open, Overall Frisbee Champion,  
**Jim Herrick**

1988 World Jr., Overall Frisbee Champion,  
**Shawn Kennedy**

*Come Be A Part Of The Rich Heritage Now Being Created In  
The New England Frisbee Association*

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

PHONE(S) \_\_\_\_\_

(HOME)

(WORK)

Favorite Disc Sport(s) \_\_\_\_\_

Please enclose check for ten dollars payable to NEFA For 1989 Dues

This contribution entitles you to future newsletters, notice of all upcoming events, and knowing you are supporting disc sports in New England.

—NEFA—c/o, Jason Southwick—101 Marshall Street—Leicester, Ma, 01524—

## Capron Classic Continued from page 1

Park?) sucked plenty of discs out-of-bounds. To top off this true representation of New England weather, the heavens burst forth with a torrent of rain for a good part of the first round. By the end of two rounds, Steve Hartwell had the open top score of -2, followed by Todd Brodeur, Jason Southwick, and newcomer Rick Eisenhauer with +3, +4, and +5 respectively. Joy Hartwell edged out Robin Peterson for the Women's title and David Archibald shot a very respectable round to take the Junior's by three shots over Kyle Black.

Further drama in disc golf was provided by a 9-hole final round for the 4 top open finishers, with scores starting even. Southwick shot an incredible ACE on the 3rd hole, a blind 200 foot shot up a hill and under a low-hanging tree to a ground basket. He never looked back from there and took the Open by 2 strokes over Hartwell.

Between rounds, in the pouring rain, Discathon was run around the perimeter of Capron's main playing field. The soggy contestants dodged flowering trees, bushes, and spectators as, heaving and panting, they coaxed their discs to the finish. Jason Southwick took the Open here, with an amazingly fleet time of 1:46, followed by Scannel and Hartwell. Judy Robbins bested Robin Peterson and Joy Hartwell for the Women, and "Archie" Archibald was the fastest Junior around the course.

Sunday brought clearing weather, but gusty winds, which played havoc with the Double Disc Court competition in the morning. The format here was mixed doubles, and the team of Toddy Brodeur & Robin Peterson bested Greg & Jeannie Black and Rick Williams & Judy Robbins.

The afternoon saw some fine freestyling teams show their stuff with cameras rolling. The teams

were cautious at first, as even the best setup could be fouled up by that laughing wind. For the finals, with the wind diminishing, the routines got hotter, and the "Bostyle" team of Rick Williams and Judy Robbins edged out the "Capron Classics" Toddy Brodeur and Steve Scannel.

Overall honors went to Todd Brodeur, followed by Rick Williams and Greg Black in the Open. Judy Robbins took the Women's overall, with Robin Peterson and Joy Hartwell in second and third. David

Archibald captured the Juniors convincingly over Kevin Easingwood and Kyle Black.

The tournament wrapped moniously ended the two days of fun in Capron Park. Many thanks to Toddy Brodeur, who spent countless hours organizing and running his first tournament. A splendid time was had by all, and we can all look forward to the 2nd Annual Capron Classic next year! ☺

## Capon Classic Results

### Golf

Place	Men	Women	Juniors
1	Jason Southwick 112	Joy Hartwell 136	D. Archibald 148
2	Steve Hartwell 106	R. Peterson 138	Kyle Black 151
3	Rick Eisenhauer 113	Judy Robbins 144	K. Easingwood 157
4	Todd Brodeur 111	Jeannie Black 145	Mike Proctor 185
5	Greg Black 115		
6	Rick Williams 116		
6	Sunny Cade 116		
6	Dale Fuller 116		

### Discathon

1	Jason Southwick	Judy Robbins	David Archibald
2	Steve Scannel	Robin Peterson	Kevin Easingwood
3	Steve Hartwell	Joy Hartwell	Alex
4	Todd Brodeur		

### Double Disc Court

- 1 Todd Brodeur & Robin Peterson
- 2 Greg Black & Jeannie Black
- 3 Rick Williams & Judy Robbins

### Freestyle

- 1 Rick Williams & Judy Robbins, *Bostyle*
- 2 Todd Brodeur & Steve Scannel, *Capron Classics*
- 3 Tim Eng & Tim Michaels, *T Squared*
- 4 Alan Caplin & Greg Black, *The Primadonnas*

### Overall

1	Todd Brodeur	Judy Robbins	David Archibald
2	Rick Williams	Robin Peterson	Kevin Easingwood
3	Greg Black	Joy Hartwell	Kyle Black
4	Jason Southwick	Jeannie Black	Michael Proctor
5	Steve Scannel		
6	Steve Hartwell		
7	Tim Dyer		

BACUL began its sixth season during the last week of May; this year there are 39 teams. The league is divided up geographically into three divisions so that travel time to games is minimized. Each division has 13

teams to determine the BACUL champion.

The corporate league provides a good opportunity to meet other people and play Ultimate with teams having a wide range of experience. Experienced players are encouraged

to help the less experienced players regardless of the team loyalty. The basic idea of BACUL is to have fun playing Ultimate, which reflects the "spirit of the game"

stated in the official rules of Ultimate. Check out the playing fields in your area and maybe you can cheer the teams on!

## Ultimate Happenings

by Rick Williams

### Boston Area Corporate Ultimate League

teams. The first division includes areas south and west of Boston, the second division includes Cambridge and northern suburbs, and the third division encompasses the area along Interstate 495.

Games are generally played on weekday evenings at a location mutually agreed upon by the captains of the two teams. Each team plays one game per week. Games are scheduled into the third weekend of August with a final tournament in Sep-



### Co-Ed Summer League

A summer league for Ultimate is just getting under way. The league is open to all who are interested. Pick-up games eventually form into teams with lots of player flexibility so that no team is left short of players. Games are played on the fields near Newton Center on Tuesday and Thursday evenings beginning at 5:30 pm. ☺

## NEFA Club Trip to the Virginia States

by Sunny Cade

Seven NEFA members piled into Dale Fuller's van for a fun-filled trip to Virginia to return to the glory days of Disc Happenings at the 13th Annual Virginia States Frisbee Championships. The people of Virginia were wonderful hosts and seemed delighted with the new contingents from New England.

A highlight of the competition was Todd Brodeur, Jason Southwick, and Sunny Cade unexpectedly making it to the finals in freestyle, bumping a hometown favorite team. Of note was Jason Southwick's overall performance putting him in the top 12 in the first round of golf out of 100 players, making the first cut in MTA, a relatively new event for him, and cooking in the freestyle pre-lims.

Those who went said they had a great time, and will definitely be back next year. ☺

## The Phil Kennedy Golf Architects Day

by Sunny Cade

On a Saturday morning in March, after it had snowed all night, the sun came out and we sloshed around the melting snow first building a new disc golf course and then later playing it.

As usual Phil's prowess at picking out incredible challenges left us with an exciting new course in Princeton this year.

The results of the golf round found Jason Southwick and Sunny tied for first place, each with four under, "DJ" Dave Johnson came in third at plus one, Phil Kennedy had a plus six, while son Shawn scored a plus eight. ☺



### Hit me with your best shot.

Todd Brodeur (Capron Classic tournament organizer) at Capron Park as photo-graphed by *The Sun Chronicle*.

### New Disc Golf Course Born in Leicester

*by Jason Southwick*

In late March of this year, after dismantling my own business, taking and quitting a job, and deciding that most actions taken by most people are silly, meaningless and dumb, I took a chainsaw, scythe and clippers and went into the woods to do the one logical thing left—build a disc golf course.

After six weeks, many brushfires and countless stacks of wood later, the 18-hole “Pyramids” (so named for the affinity I had developed with those unpaid Egyptian laborers) course was born in my parents’ back yard. This is no ordinary back yard, being 25 acres of beautiful wooded land with a stream, pond and small tree farm included. The course winds through the woods with something for everyone — short and long holes, left and right curves, narrow alleys, and water shots (some with O.B.). For targets there are eight poleholes

borrowed from the NEFA eighteen, eight taped tree targets, one ceramic chimney liner on top of a stone wall, and on the longest hole (395 feet) a good old-fashioned accuracy hoop.

So far, Steve Hartwell is the only visitor to break par with a minus one. Seventeen of the holes have been birdied and one has been aced twice, but for the most part various degrees of bogey are commonplace. If you are interested in trying your skill on this fabulous course, call me at (508) 798-0704 to arrange a round. And don’t miss the first annual Pyramids Open coming up on June 24 - see the announcement elsewhere in this newsletter.

Many thanks to Theo Cade and Albert Southwick for their assistance in course design. Even more thanks to Albert and Shirley Southwick for the use of their land. ☺

### Leicester Ultimate Goes to Berlin

*by Jason Southwick*

Organizing an Ultimate disc team is a rewarding experience. You make numerous phone calls, look for a suitable field, lug water and cones to practice, and somehow spend quite a bit of your own time and money. In exchange for sacrificing your heart, your mind, and your very soul to a motley crew of people who come to practice when the sun shines, you have the honor of calling yourself “captain”. Your teammates call you other things.

Getting the Leicester “Just-for-

Fun” Ultimate team together has been no exception. Consisting of friends, relatives, friends of relatives, relatives of friends, friends of friends, and people I’m relatively friendly with, the Leicester team has put together an astounding 1-0 record. It was amazing to get seven people together for a game. We actually went with six players and drafted all of our fans, which raised our number to seven.

We traveled to Berlin, MA (pronounced BERlin for historical reasons) to take on Discgrace, one of the Data General corporate teams. Through an incredible string of coincidences, flukes and timely luck, we won the game 15-7.

Having thus inflated our expecta-

tions way out of proportion, we vowed to practice regularly, learn to throw the forehand and to even buy cleats. We herewith challenge any and all Ultimate teams to take us on. Remember that we are undefeated and plan to stay that way - at least until our next game. Call me at (508) 798-0704 to set up a game, if you dare! ☺

### Dan Doyle Ball Golf/ Disc Golf Tournament

*by Dave Johnson*

The metal disc arresters shrugged off the rain as if to say “rust doesn’t touch us”. The disc golfers who sought the sanctuary of their chains weren’t rusty either. After all, they were accustomed to year round disc golf in a rigorous climate. They know what it’s like to seek sub-par in anything from slush to sub-polar conditions; how about those rounds in 10 degree weather this past January, for instance? Who was to let an April rain spoil the Dan Doyle Ball/Folf spectacular? Not this crew. It was to be yet another chapter in the character-building epic of Disc Golf in New England.

But first the characters. Off into the misty mountain goat terrain of Sunny Cade’s disc golf course in Princeton, MA disappeared a hardy group of ten: seven men, and three women. Seven stuck it out for 36 holes and finally emerged from the fog. The other three? It’s been rumored they’re doomed to a restless eternity of double bogeys in the drizzle because they left after only one round!

Here’s how it stood after the first 18. Tournament host and keeper of the links, Sunny Cade, led with a -5 followed by Steve Hartwell and Dave Johnson both tied at -2. The surprising Joe Krieg, brother of Donna Doyle and a beginning golfer, was

right on their heels with a -1. (His disc of preference was a lid; wait till he get's a hold of heavy plastic!) Jason Southwick and Dan Doyle were close behind at even par and +1 respectively.

With the cagey Cade a comfortable three strokes ahead, Steve and Dave decided that drastic measures were in order for round two. They none too subtly tried to distract him with embarrassing comments about underwear. It didn't work, but perhaps in awe of their own wit, Dave and Steve traded off a duel of dueces; 4 in a row for Steve, 5 straight for Dave. As a result the Cade deficit was soon overcome (and they say golf is a gentleperson's sport!).

When all was said and done, Dave ended up with a -8 for the round (course record for the newly redesigned course) for a total of -10; Steve followed with a -6 (-8 total); and Sunny was third with a -1 (-6 total). Dan Doyle followed with a -1, and newcomer Joe Krieg, with an amazingly consistent performance, was just behind at +1. Jason Southwick followed with a +2.

In the women's division, it was Joy

Hartwell who emerged alone and victorious from the rain with a fine second round score of +3 (+17 total).

In from the elements, everyone gathered like reformed amphibians around the enormous fireplace in which blazed a sizable portion of tree. The rain fell harder, but no one minded. Outside, the disc pole holes shrugged it off, and inside, everyone traded increasingly inflated stories of another great day of folf in New England.

Note from Sunny Cade on Ball Golf and Overall results:

The ball golf portion of the Dan Doyle Ball Golf/Disc Golf Tournament was played by Dan Doyle, his brother in law, Joe Krieg, and Sunny Cade.

Dan won top honors with 198 total strokes in one round of ball golf and two rounds of disc golf (91 ball, 107 disc). Sunny took second with a 219 (117 ball, 102 disc), and Joe took third with 225 (116 ball, 109 disc). Sunny lost second place to Joe in ball golf by one stroke having blown a 2 inch putt. Joe was awesome for an amateur at disc golf.☺

land. THWACK!!!

AAAAAAHHHHHH!!! Zooom. What was that you ask? Answer: The NON-THWART OF NORM. Say what? The NON-THWART OF NORM ECKSTEIN. Norm is a disc player who typically (and intentionally) thwacks the top of the disc, held in his right hand, behind his back then on his left elbow before throwing his drive, followed by a blood curdling scream at release, often yielding impressive results. I was privileged to see him do a DOUBLE NON-THWART OF NORM recently with two pre-throw elbow thwacks. When I quietly expressed my joy upon witnessing this amazing phenomenon to Merrill Detweiler, a member of Norm's threesome,

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## Disc Clips

Ultimate are presented, including its influence on people's health and social life. The commissioner of Boston's corporate Ultimate league, Jane Evans, gets in a word or two in the article.☺

### Upcoming K-9 (Frisbee Dog) events are as follows:

June 25 - 10:00 am  
Kelly Junior High, Mahan Drive, Norwich, CT  
Contact: Ed Jakubowski  
(203) 887-8323

July (call for date) - 10:00 am  
Braintree High School, 158 Town Street, Braintree, MA  
Contact: Joseph Darche  
(617) 843-0739

August 19 - 9:00 am  
Lauter Park, Gordon Avenue, Willimantic, CT  
Contact: Patti Anthony  
(203) 456-3593☺

### Curses cont. from page 3

of you resulting in a bent or broken disc and humbled ego. You have just suffered the THWART OF FLORA.

Say a dog comes along, scoops up your disc and runs off with it, this could be called the THWART OF ROVER. Or, say a duck-billed platypus was the disc-snatching culprit; a generic THWART OF FAUNA could cover a snatched disc by any member of the animal kingdom.

There are also opposites to thwarts, non-thwarts, such as when you throw a horrible shot and it hits a tree and heads straight for the pin. This might be called a FLOR-A-SSIST (thanks, Jason Southwick). For another non-thwart we take you now to Druid Hill Disc Golf course, Baltimore, Mary-

Merrill informed me, much to my chagrin, that I had missed an actual TRIPLE NON-THWART OF NORM performed earlier that round by the originator of this non-thwart.

To return to thwarts, a final thwart that should not be overlooked is the social thwart often suffered ignominiously by many a disc player, the THWART OF BRAGGADOCIO. This happens when you mention that you compete in disc sports and are preparing to launch into a complete rendition of your vast disc accomplishments, when your listener suddenly interjects, "Oh, you're into frisbee, do you have a dog?" Curses, THWARTED AGAIN!!!☺

## SCHEDULE

### COMING UP

Attention Disc Golfers. We are interested in traveling to PDGA, events in Delaware, Pennsylvania, New York etc. to qualify for the World Disc Golf Championships in Waterloo, Iowa starting August 23. Deadline for 1989 qualification: July 9. Contact Sunny Cade (508) 464-5497. Let's win some tournaments for New England!

#### **.Saturday, June 24**

1st Annual Pyramids Open — come and be awesome!

- 10 a.m., 101 Marshall Street, Leicester MA
- Three rounds of disc golf on NEFA's newest course
- Barbeque, beverages, and prizes
- Registration: a measly five bucks
- More info from Jason Southwick, tournament director, (508) 798-0704.

**July 11-16 World Seniors Flying Disc Championships, Atlanta Georgia**, contact John David, home (404) 523-0529; work (404) 523-4628.

**July 23-29 WFDF** (World Flying Disc Federation Overall Championships Essex England. Contact Charles Langdon-Mead, tel: (021)-440-2859 Birmingham, England. Address: Brookfield house 261 Mary St., Balfall Heath, Birmingham, England B129RW. June 1st is the deadline for registration.

#### **Saturday, August 12**

13th Annual Rhode Island State Championships

- 10 a.m., Miantonomy Park, Newport RI, rain or shine
- Golf, Freestyle, Discathon
- \$10 entry fee; register by 9:30 a.m.
- More info from Tim Dyer, tournament director, (401) 846-3236

#### **July/August—To Be Scheduled**

- Golf at Sunny Cade's
- Vermont State Championships

**August 23, World Disc Golf Championships, Waterloo Iowa**, contact Darrell Lynn, (901) 323-4849, regarding qualification or other questions.

#### **September—To Be Scheduled**

- Jam (Freestyle), Jam (Music), and Golf (Disc) at Sunny Cade's
- Massachusetts State Championships

#### **October—To Be Scheduled**

- Demo at Wachusett Mountain
- New England Championships